



Resolution
Supporting Building Community Resilience in Dare County

WHEREAS, Adverse Childhood Experiences and Adverse Community Environments, also known as the Pair of ACEs, impact the overall quality of life and economic development of an entire community, affecting all races, genders, and education and income levels; and

WHEREAS, more than 67% of the US adult population report at least 1 ACE and nearly 25% experience 3 or more ACEs before age 18; and

WHEREAS, the more ACEs children experience the more likely they are to suffer learning and health problems resulting from toxic stress; and

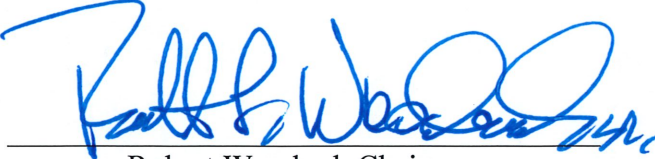
WHEREAS, the ability to not only survive but to thrive in the face of adversity is built on Resilience, which is critical to health and well-being; and

WHEREAS, Building Community Resilience is about creating and strengthening a network of buffers and supports that help children, families and whole communities to “bounce forward” in the face of adversity; and

WHEREAS, systems, organizations and communities can prevent and counteract lasting harm by becoming trauma-informed, reducing families’ sources of stress, providing children and adults with positive, responsive relationships and strengthening the core life skills we all need to adapt and thrive;

THEREFORE, BE IT RESOLVED, that the Dare County Board of Commissioners recognizes November 18-November 24 as Resilience Week in Dare County and supports the ongoing collaborative efforts of Be Resilient OBX to raise awareness about, build capacity to intervene in, and support recovery from the impact of ACEs and toxic stress.

This the 18th day of November, 2019.



Robert Woodard, Chairman

Attest:



Cheryl C. Anby, Clerk to the Board

